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28 NOVEMBER 2022

GREETINGS SHIPMATES - Welcome to this week's Semaphore Short and I hope that this finds you well. Well, only 3 Shorts until Christmas including this one - how time flies! Christmas is a time of family and friendship so if you know of a Shipmate that is on their own - how about a quick check in with them to make sure they are going to be OK.

As usual, if anyone has anything that they would like to include in future Shorts, email me or the team at comms@royalnavalassoc.com. Whilst all contributions will be considered, please note that this is a short update newsletter and we can't publish everything. Some content may be passed to Andy for inclusion in the next Circular.

FIRESIDE CHATS The chat for this evening will be given by Vice Admiral John McAnally CB LVO and will be a personal recollection of his time onboard HMV Britannia.

Next week's chat (Mon 5th Dec) will be one for all of the Blanket Stackers, Scribes and Cabbage Mechanics in particular - an update on Royal Naval logistics training given by Captain Mark Hardwick

Fireside chats, unless promulgated otherwise start at 18:30 each Monday. To access the fireside chats, access zoom [here](#)

Meeting ID is 288 830 5105 Password is Shipmate

OPERATIONAL HONOURS LIST A number of Royal Naval personnel across all ranks have been recognised in the latest operational honours list, the first under King Charles. Amongst the honours is an OBE to Commander Claire

Thompson, the Commanding Officer of HMS Montrose who along with her crew executed four highly successful high seas drugs busts and two arms seizures in the Gulf. Cdr Thompson is pictured below with members of her boarding party and just a few drugs! Full details of the list can be found [here](#)



PEREGRINE TROPHY 2022 The Royal Naval Association sponsor a prize category as part of the Royal Navy's annual photographic competition. Entries are invited from all members of the serving and veteran naval community (including Royal Marines) but the subject matter of the picture(s) must encapsulate and promote the ethos of the RNA. Details of how to enter can be found on the Word attachment to this email.

NUCLEAR TESTING MEDAL As many will know, Royal Naval and other military personnel were involved in the testing of nuclear weapons between 1952 and 1957. The Government has announced long overdue medallic recognition to those involved. It is anticipated that the first medals will be awarded some time next year, although dates have not been announced yet. More details can be found [here](#)



LIVING WITH PTSD Post Traumatic Stress Disorder is a much quoted but much misunderstood condition that affects a number of serving and veteran military personnel. The charity Combat Stress has put together a very informative web page highlighting the experiences of veterans that suffer from PTSD. The page can be accessed [here](#)

RN UNDER 23 RUGBY The Royal Navy U23 rugby team gave the Crabs a sound beating last week, winning 24-7. Match report [here](#). The big clash against the Army U23s takes place this Wednesday (30th at 19:00) at the Army's Fox Lines ground in Aldershot. It would be great to have some RNA representation to cheer the lads on! Note - I am not sure what arrangements are in place for spectators but information on the venue and contact numbers for the Army RFU can be found [here](#)

AND FINALLY.....



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